

# Food Services RFP Attachment 2 - Cycle Menu

## GEORGE W. HILL ADULT CYCLE MENUS

*These menus are proprietary and intended for the sole use of GEO Group Secure Facilities. Dissemination, forwarding or copying of these menus is strictly prohibited.*

MENU DATE: 1-15-2021		CYCLE 1		WEEK-AT-A-GLANCE
	BREAKFAST	LUNCH	DINNER	
MONDAY	Hot Cereal Breakfast Sausage Hashbrown Potatoes Biscuit Milk Sugar Coffee	Charbroiled Patty Sliced Cheese Cottage Fries Baked Beans Seasoned Cabbage Bread Iced Cake Ketchup Fortified Beverage	Spaghetti with Meat Sauce Mixed Vegetables Northern Beans Garlic Bread Iced Cake Fortified Beverage	
TUESDAY	Hot Cereal Breakfast Sausage Pancakes Syrup Margarine Milk Sugar Coffee	Chili con Carne Seasoned Rice Seasoned Carrots Cornbread Margarine Cookies Fortified Beverage	Meatloaf Patty w/ Brown Gravy Oven Brown Potatoes Spinach Tossed Salad w/ Dressing Dinner Roll Margarine Cookies Fortified Beverage	
WEDNESDAY	Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit Margarine Milk Sugar Coffee	Turkey Hot Dog Macaroni Salad Seasoned Green Beans Hot Dog Bun Mustard Iced Cake Fortified Beverage	Taco Meat w/ Corn Tortillas Shredded Cheese Shredded Lettuce Salsa Spanish Rice Pinto Beans Pudding Fortified Beverage	
THURSDAY	Hot Cereal Breakfast Sausage Gravy Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Sloppy Joe Baked Beans Carrots Bread Iced Cake Fortified Beverage	Breaded Chicken Patty w/ Gravy Steamed Rice Mixed Vegetables Tossed Salad w/ Dressing Dinner Roll Margarine Cookies Fortified Beverage	
FRIDAY	Hot Cereal Breakfast Sausage French Toast Syrup Margarine Milk Sugar Coffee	Chili Mac Casserole Coleslaw Pinto Beans Cornbread Margarine Pudding Fortified Beverage	Chicken Nuggets Oven Brown Potatoes Spinach Pinto Beans Dinner Roll Margarine Iced Cake Fortified Beverage	
SATURDAY	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Sliced Turkey and Cheese Sandwich Mustard Potato Chips Fresh Vegetables Tossed Salad Salad Dressing Cookies Fortified Beverage	Country Patty Mashed Potatoes / Cream Gravy Pinto Beans Peas and Carrots Cornbread Margarine Iced Cake Fortified Beverage	
SUNDAY	Dry Cereal Turkey Ham Cottage Fries Coffee Cake Margarine Milk Sugar Coffee	Meat, Mac & Cheese Seasoned Green Beans Tossed Salad Salad Dressing Cornbread Margarine Iced Cake Fortified Beverage	Pepper Patty / Brown Gravy Parsley Rice Northern Beans Seasoned Cabbage Biscuit Margarine Cookies Fortified Beverage	

SUBSTITUTIONS OF EQUAL VALUE MAY BE MADE AS NEEDED BY THE FOOD SERVICE MANAGER

Approved by: Signature on file



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MENU DATE: 1-15-2021

CYCLE 2

WEEK-AT-A-GLANCE

	BREAKFAST	LUNCH	DINNER
MONDAY	Hot Cereal Breakfast Sausage Gravy Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Chicken Patty Cream Gravy Whipped Potatoes Coleslaw Pinto Beans Dinner Roll / Margarine Iced Cake Fortified Beverage	Meatballs Brown Gravy Parsley Noodles Mixed Vegetables Tossed Salad with Dressing Biscuit / Margarine Cookies Fortified Beverage
TUESDAY	Dry Cereal Turkey Ham Pancakes Syrup Margarine Milk Sugar Coffee	Burrito with Bean Mix Flour Tortilla Hot Sauce Spanish Rice Spinach Pudding Fortified Beverage	Oven Baked Chicken Chicken Gravy Oven Brown Potatoes Seasoned Green Beans Dinner Roll Margarine Iced Cake Fortified Beverage
WEDNESDAY	Hot Cereal Breakfast Sausage Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Country Stew Steamed Rice Seasoned Cabbage Cornbread Margarine Iced Cake Fortified Beverage	Polish Sausage Mashed Potatoes Seasoned Carrots Pinto Beans Cornbread Margarine Pudding Fortified Beverage
THURSDAY	Hot Cereal Breakfast Sausage Pancakes Syrup Margarine Milk Sugar Coffee	Turkey Hot Dog Hot Dog Bun Mustard Baked Beans Coleslaw Cookies Fortified Beverage	Breaded Chicken Patty Chicken Gravy Red Beans and Rice Green Beans Bread Margarine Cookies Fortified Beverage
FRIDAY	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Chili con Carne Seasoned Rice Seasoned Cabbage Cornbread Margarine Cookies Fortified Beverage	Baked Turkey Ham Mashed Potatoes Seasoned Carrots Tossed Salad with Dressing Dinner Roll Margarine Iced Cake Fortified Beverage
SATURDAY	Hot Cereal Breakfast Sausage Cottage Fries Coffeecake Margarine Milk Sugar Coffee	Turkey Bologna and Cheese Sandwich Mustard Potato Chips Tossed Salad Salad Dressing Fresh Vegetables Cookies Fortified Beverage	Meat & Spanish Rice Spinach Pinto Beans Dinner Roll Margarine Pudding Fortified Beverage
SUNDAY	Dry Cereal Turkey Ham Cottage Fries Biscuit Margarine Milk Sugar Coffee	Spaghetti with Meat Sauce Seasoned Carrots Pinto Beans Garlic Bread Iced Cake Fortified Beverage	Country Patty Brown Gravy Macaroni and Cheese Steamed Cabbage Biscuit Margarine Cookies Fortified Beverage

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MENU DATE: 1-15-2021		CYCLE 3		WEEK-AT-A-GLANCE
	BREAKFAST	LUNCH	DINNER	
MONDAY	Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit Margarine Milk Sugar Coffee	Country Stew Rice Steamed Broccoli Tossed Salad with Dressing Dinner Roll Margarine Iced Cake Fortified Beverage	Baked Turkey Ham Noodles O'Brien Green Beans Cornbread Margarine Pudding Fortified Beverage	
TUESDAY	Hot Cereal Turkey Ham Pancakes Syrup Margarine Milk Sugar Coffee	Chili con Carne Seasoned Rice Seasoned Cabbage Cornbread Margarine Cookies Fortified Beverage	Chicken Patty Whipped Potatoes / Cream Gravy Mixed Vegetables Pinto Beans Cornbread Margarine Cookies Fortified Beverage	
WEDNESDAY	Hot Cereal Breakfast Sausage Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	BBQ Chicken Baked Beans Carrots Tossed Salad with Dressing Dinner Roll Margarine Iced Cake Fortified Beverage	Turkey Hot Dog Hot Dog Bun Mustard Oven Brown Potatoes Baked Beans Coleslaw Iced Cake Fortified Beverage	
THURSDAY	Hot Cereal Breakfast Sausage Gravy Oven Brown Potatoes Biscuit Margarine Milk Sugar Coffee	Charbroiled Patty Ketchup Shredded Lettuce / Sliced Cheese BBQ Beans Spinach Bread Pudding Fortified Beverage	Country Patty Gravy Seasoned Rice Mixed Vegetables Dinner Roll Margarine Iced Cake Fortified Beverage	
FRIDAY	Dry Cereal Turkey Ham French Toast Syrup Margarine Milk Sugar Coffee	Chicken Nuggets Oven Brown Potatoes Green Beans Dinner Roll Margarine Cookies Fortified Beverage	Chili Mac Casserole Pinto Beans Coleslaw Tossed Salad with Dressing Dinner Roll Margarine Iced Cake Fortified Beverage	
SATURDAY	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Sliced Turkey and Cheese Sandwich Mustard Potato Chips Fresh Vegetables Tossed Salad Salad Dressing Cookies Fortified Beverage	Breaded Chicken Patty Cream Gravy Whipped Potatoes Peas and Carrots Dinner Roll Margarine Cookies Fortified Beverage	
SUNDAY	Dry Cereal Turkey Ham Cottage Fries Coffeecake Margarine Milk Sugar Milk	Sloppy Joe Baked Beans Cottage Fries Seasoned Green Beans Bread Cookies Fortified Beverage	Spaghetti with Meat Sauce Mixed Vegetables Northern Beans Garlic Toast Cake Fortified Beverage	

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MENU DATE:	1-15-2021	CYCLE 4	WEEK-AT-A-GLANCE
	BREAKFAST	LUNCH	DINNER
MONDAY	Hot Cereal Turkey Ham Hashbrown Potatoes Bread Margarine Milk Sugar Coffee	Charbroiled Patty Ketchup BBQ Beans Cottage Fries Seasoned Cabbage Bread Iced Cake Fortified Beverage	Chili Mac Casserole Seasoned Corn Tossed Salad Salad Dressing Bread Margarine Iced Cake Fortified Beverage
TUESDAY	Hot Cereal Breakfast Sausage Pancakes Syrup Margarine Milk Sugar Coffee	Country Stew Steamed Rice Mixed Vegetables Pinto Beans Cornbread Margarine Cookies Fortified Beverage	Meatloaf Patty Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll Margarine Iced Cake Fortified Beverage
WEDNESDAY	Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit Margarine Milk Sugar Coffee	Country Patty Cream Gravy Rice Seasoned Cabbage Dinner Roll Margarine Cookies Fortified Beverage	Spaghetti with Meat Sauce Carrots Northern Beans Garlic Toast Iced Cake Fortified Beverage
THURSDAY	Hot Cereal Turkey Ham Cottage Potatoes Coffeecake Margarine Milk Sugar Coffee	Chili con Carne Seasoned Rice Coleslaw Cornbread Margarine Pudding Fortified Beverage	Breaded Chicken Patty Salad Dressing Mayo Pinto Beans Spinach Tossed Salad w/ Dressing Bread Margarine Cookies Fortified Beverage
FRIDAY	Dry Cereal Breakfast Sausage Gravy Cottage Fries Biscuit Margarine Milk Sugar Coffee	Charbroiled Patty Brown Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Margarine Iced Cake Fortified Beverage	Turkey Hot Dog Rice Northern Beans Seasoned Cabbage Hot Dog Bun Mustard Cookies Fortified Beverage
SATURDAY	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit Margarine Milk Sugar Coffee	Turkey Bologna and Cheese Sandwich Mustard Potato Chips Fresh Vegetables Tossed Salad Salad Dressing Cookie Fortified Beverage	Country Patty Cream Gravy Parsley Noodles Spinach Bread Margarine Iced Cake Fortified Beverage
SUNDAY	Dry Cereal Breakfast Sausage French Toast Syrup Margarine Milk Sugar Coffee	Meat, Mac & Cheese Seasoned Green Beans Pinto Beans Biscuit Margarine Iced Cake Fortified Beverage	Salisbury Steak Gravy Rice Pilaf Carrots Dinner Roll Margarine Cookies Fortified Beverage

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